cater to you food service

a hands-on approach to fresh food

CAFÉ LUNCH MENU

WEEK OF MAY 27TH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	MEMORIAL DAY SCHOOL CLOSED	Penne with Garlic and Oil	Chicken Milanese with Arugula and Bruschetta Topping	Mozzarella Sticks with Marinara	**IHA BLT** Grilled Sourdough Thick Cut Bacon ▪ Lettuce Tomato ▪ Lemon Aioli
ACCOMPANIMENT		Grilled Asparagus	Sautéed Vegetables	Mashed Potatoes	Yukon Potato Salad
ACCOMPANIMENT		Rosemary Focaccia	Orzo with Parmesan and Garlic	Seasonal Vegetable Medley	Pasta Pesto Salad
OVEN TOASTED SANDWICHES	DAILY ROTATION OF FRESH OVEN TOASTED SANDWICHES	Crispy Chicken, Mozzarella, Pesto ▪ Grilled Cheese ▪ Turkey BLT ▪ Buffalo Chicken Flatbread Chipotle Chicken, Cheddar and Bacon ▪ Grilled Chicken, Fresh Mozzarella, Sundried Tomato Tuna Provolone Melt ▪ Turkey BLT melt with Avocado ▪ Roasted Vegetables and Hummus Flatbread Spicy Italian Sandwich ▪ Margherita Flatbread ▪ Tomato, Mozzarella, and Pesto			
PIZZA	DAILY ROTATION OF HAND STRETCHED PIZZAS	Plain ▪ Pepperoni ▪ Roasted Vegetables and Feta ▪ Three Cheese ▪ Ricotta and Parmesan Margherita ▪ Bacon ▪ Sausage ▪ Penne Vodka ▪ BBQ Pulled Pork ▪ Hawaiian			
SALAD BAR	MAKE YOUR OWN FROM OUR SEASONAL CHOICES (based on availability)	Lettuces	Leaf ▪ Mesclun ▪ Spinach ▪ Kale ▪ Arugula ▪ Iceberg		
		Daily Composed Salads	Pesto Pasta Salad ▪ Macaroni Salad ▪ Chicken Salad ▪ Egg Salad Tuna Salad ▪ Kale Caesar Salad ▪ Mixed Green Salad		
		Toppings	Asparagus ▪ Edamame ▪ Broccoli ▪ Tomato ▪ Carrots ▪ Jalapeno ▪ Corn Mushrooms ▪ Cucumbers ▪ Artichokes ▪ Apples ▪ Red Onion ▪ Red Peppers ▪ Celery Dried Cranberries ▪ Quinoa ▪ Cous Cous ▪ Banana Peppers ▪ Roasted Vegetables Corn ▪ Pickles ▪ Beets ▪ Kalamata Olives ▪ Black Beans ▪ Butternut Squash Chickpeas ▪ Tortilla Strips ▪ Croutons ▪ Hard Boiled Eggs ▪ Grilled Chicken ▪ Tofu Cheddar ▪ Parmesan ▪ Feta ▪ Bleu Cheese ▪ Mozzarella		
		Dressings	Balsamic Vinaigrette ▪ Caesar Dressing ▪ Ranch Dressing ▪ Yogurt Cucumber Extra Virgin Oil & Balsamic Vinegar ▪ Lemon Honey Vinaigrette ▪ Blue Cheese		
GRAB & GO	SANDWICHES AND WRAPS	Sandwiches	Italian Sub ▪ Turkey and American ▪ Caprese ▪ Chipotle Turkey Roasted Chicken, Tomato, Avocado Spread ▪ Ham, Swiss, Arugula, Dijon Aioli		
		Wraps	Chicken Caesar ▪ Buffalo Chicken ▪ Vegetable and Hummus ▪ Turkey BLT Tuna Salad ▪ Turkey - Bacon Ranch ▪ Egg Salad ▪ Egg Salad		
		Beverages ▪ Snacks Fruits	Bottled Water ▪ Honest Tea ▪ Hal's Seltzer ▪ Core Iced Tea ▪ Mash ▪ Apple and Eve Two Leaves Iced Tea ▪ Homemade Lemonade ▪ Ronnybrook Chocolate Milk		
			Fruit Cups ▪ Fresh Baked Cookies ▪ Soft Pretzels ▪ Muffins ▪ Guacamole and Chips Hummus and Pita ▪ Crudité and Ranch Dressing ▪ Cheese and Crackers		